

Annual Development Review 2020 (ADR)

Approved: February 2020

Suggested format for an
ANNUAL DEVELOPMENT REVIEW
OF AN NLPtCA ACCREDITED PSYCHOTHERAPIST
1st April 2019 to 31st March 2020

Please use the headings below to record the results of an Annual Development Review. Please refer to Re-Accreditation Guidelines (RAG7) for what to include in this document (which should be retained for five years).

Name of Supervisee:

Verification of a valid certificate of Public Liability and Malpractice Insurance or an equivalent letter from an employer.

1. Details of Continued Professional Development undertaken during the above 12-month period:

Date	Topic/Activity done in the way of CPD	How & why I consider it CPD – including CPD Category	Nº of Hours
TOTAL CPD HOURS			

2. Details of all supervision/peersupervision undertaken during the above 12-month period:

- Type(s) of supervision
- Names of supervisor(s)
- Dates and hours

3. Details of client work undertaken during the above 12-month period, in particular:

- Groups
- Children (under 18 years of age)
- Couples
- Families
- Childhood sexual abuse
- Severe trauma
- Body oriented psychotherapy
- Sexual identity and sexuality

4. Examples of development as a Neurolinguistic Psychotherapist demonstrated by supervisee during the above 12-month period:

- a.
- b.
- c.

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5. **Examples of development of self-supervision** demonstrated by supervisee during the above 12-month period:

- a.
- b.
- c.

6. **Areas identified for development** during the *next* 12 months:

- a.
- b.
- c.

7. **CPD plans** for next 12 months (that will meet the above development areas):

8. **Signed and dated** by both:

Supervisee Signature : Date:

Supervisor* Signature: Date:

**There is a peervision group version of this form available from the website*

Signatures must be handwritten