

# Annual Development Review 2019 (ADR)

Approved: January 2019

Suggested format for an  
**ANNUAL DEVELOPMENT REVIEW**  
**OF AN NLPtCA ACCREDITED PSYCHOTHERAPIST**  
**1st April 2018 to 31st March 2019**

Please use the headings below to record the results of an Annual Development Review. Please refer to Re-Accreditation Guidelines (RAG7) for what to include in this document (which should be retained for five years).

Name of supervisee:

**1. Details of Continued Professional Development** undertaken during the above 12-month period:

Date	Topic/Activity done in the way of CPD	How & why I consider it CPD	N° of Hours
TOTAL CPD HOURS			

**2. Details of all supervision/peervision** undertaken during the above 12-month period:

- Type(s) of supervision
- Names of supervisor(s)
- Dates and hours

**3. Details of client work** undertaken during the above 12-month period, in particular:

- Groups
- Children (under 18 years of age)
- Couples
- Families
- Childhood sexual abuse
- Severe trauma
- Body oriented psychotherapy
- Sexual identity and sexuality

**4. Examples of development as a Neurolinguistic Psychotherapist** demonstrated by supervisee during the above 12-month period:

- a.
- b.
- c.

**5. Examples of development of self-supervision** demonstrated by supervisee during the above 12-month period:

- a.
- b.

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c.

6. **Areas identified for development** during the *next* 12 months:

- a.
- b.
- c.

7. **CPD plans** for next 12 months (that will meet the above development areas):

8. **Signed and dated** by both:

Supervisee Signature : ..... Date: .....

Supervisor\* Signature: ..... Date: .....

*\*There is a peervision group version of this form available from the website*

*Signatures must be handwritten*