



NLPtCA AGM & Conference
22nd June 2019

Speaker: Malcolm Bray

Workshop Title: Working with non-specific illnesses

The workshop will describe a way of working with non-specific illnesses, particularly Fibromyalgia and Chronic Fatigue Syndrome that is being developed at The Sanctuary of Healing in Langho.

This approach has been formulated from mind-body philosophies and understandings and aims to offer participants an explanation for using these ideas and methods and interventions that are useful for individuals within this client group.

The aim is to enable users develop the skills needed to self-heal and build a life they want to live. The philosophy of the training can be summed up through the phrase “Your body is communicating, are you able to listen?”

About Malcolm:

Extremely well qualified and experienced, working in private practice, Malcolm has worked in the drugs field since 1977 and has worked with both Residential Rehabilitation and street agencies during that time.

He was NLPt accredited in 1996 and has been a supervisor for twenty years. Prior to that he gained a Social Worker qualification in 1983 and holds a Diploma in Counselling.

Malcolm also holds Hypnotherapy qualifications and has been practice tutor to social work students at universities in the north of England.

